

The forms for free and reduced meals are very important, if you have any questions about filling them out let us know and we will do our best to help. The first 30 days of this school year, meals will be based on the information you provided last year. Give us a call if you want to know your status. We hope that our food programs will grow and provide our students with nutritious and tasty meals. All forms need to be back to the schools by Wednesday September 5th so that we may forward them to our Central Office for final review.

The Readsboro Campus will host an Ice Social for parents and students on September 10, 2018. The fun will begin at 6:00pm, we invite parents to visit classrooms and meet all of our new staff.

The Halifax campus will host their Back to School Potluck dinner on September 27, 2018. Dinner will start at 5:30 and classroom visit will follow.

PTG News

The Readsboro PTG has a Guildford Welcome Center, I-91 rest stop fundraiser this weekend, September 1st. If you can help with donations stop by tomorrow at the welcome center and drop them off. The PTG will be there from 7:00am- 5:00pm



Thank You

Saint John's Episcopal Church, in Williamstown MA, made a very generous donation of school supplies, benefiting both of our campuses. If your child needs a backpack please get in touch with your child's teacher or our office staff. The notebooks, markers, crayons, erasers, water bottles, binders, rulers, and other assorted school items are much appreciated and we thank the Church community for their donation. The photo to the right shows just a small amount of the types of items donated. Our students, staff and families thank you!



Vermont Harvest of the Month- Swiss Chard

I include information about the monthly harvest to encourage families to join us in trying out a food that they might not eat regularly. The Vermont Harvest website offers great recipes, activities and has excellent teaching resources. This month is swiss chard, a vegetable that might be hard to get kids to try, however here are a few tips from the site.

Kid-friendly eating tips:

- Add raw, thinly-sliced Swiss chard to a pasta dish.
- Use Swiss chard as the base for a salad; you can mix it in with lettuce leaves.
- Make pesto by blending Swiss chard like you would basil!
- Add it to pasta or use it as a sandwich spread.
- Use Swiss chard as a pizza topping! Ribs and stems can be sliced into 1 inch pieces, and the leaves can be torn or roughly chopped and then steamed or blanched separately. Distribute the Swiss chard with the other toppings before cooking the pizza.



School can take a pledge to try an offer the harvest of the month featured food item. It is fun to do taste test, and expose our students to a variety of healthy foods.

A Rolling Calendar of Southern Valley Events and Dates

Halifax Campus:

September 3	Labor Day - No School
September 17	WINGS Session 1 begins
September 19	11:30 Dismissal and SVUUSD Board Meeting-6:00 pm at TVM/HS
September 27,	Open House- Potluck- 5:30 pm
October 8	Full Day Inservice - No School
October 9	11:30 Dismissal - Afternoon Inservice
October 25	Picture Day

Readsboro Campus:

September 3	Labor Day - No School
September 5th	PTG Meeting- 3:15
September 10	Ice Cream Social
September 17	WINGS Session 1 begins
September 19	11:30 Dismissal and SVUUSD Board Meeting-6:00 pm at TVM/HS
October 3	Walk to School Day
October 8	Full Day Inservice - No School
October 9	11:30 Dismissal - Afternoon Inservice
October 25	Picture Day