

January 2018

Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO SCHOOL	2 Smoothies, Cereal, Fruit, Milk	3 Bacon, Egg, Cheese, Sandwich, Cereal, Fruit, Milk	4 Toast, Cereal, Fruit, Milk	5 French Toast, Sausage, Cereal, Fruit, Milk	6
7	8 Granola Bar, Cereal, Fruit, Milk	9 Oatmeal, Cereal, Fruit, Milk	10 Egg, Cheese Burrito, Cereal, Fruit, Milk	11 English Muffin, Cereal, Fruit, Milk	12 Pancakes, Bacon, Cereal, Fruit, Milk	13
14	15 NO SCHOOL	16 Scrambled Eggs, Sausage, Cereal, Fruit, Milk	17 Smoothies, Cereal, Fruit, Milk	18 Bagel, Cereal, Fruit, Milk	19 Waffles, Cereal, Fruit, Milk	20
21	22 Ham & Cheese Omelet, Home Fries, Cereal, Fruit, Milk	23 Toast, Cereal, Fruit, Milk	24 Mixed Fruit, Cereal, Fruit, Milk	25 Pancakes, Sausage, Cereal, Fruit, Milk	26 NO SCHOOL	27
28	29 Bagel, Cereal, Fruit, Milk	30 Scrambled Eggs with Cheese, Cereal, Fruit, Milk	31 Smoothies, Cereal, Fruit, Milk	1 Oatmeal, Cereal, Fruit, Milk	2 French Toast, Cereal, Fruit, Milk	

****All bread items served will be offered on whole wheat bread**
****Only Fat free and Low fat milk will be offered**
****Cereal is always available as an alternate meal**
**** Students are offered unlimited fruits and vegetables only**

“This Institution is an Equal Opportunity Provider”
**** Menu is subject to change****
\$1.50 a day per meal
\$1.50 x 20 meals = \$30.00 for the month
.35 cents for extra milk