

November 2017

Lunch Menu

- **All Pasta served will be whole wheat products
- **All bread items served will be offered on whole wheat bread
- **Only Fat free and Low fat milk will be offered
- **Peanut butter and Jelly is served as an alternate meal
- **Students are offered unlimited fruits and vegetables only

“USDA is an equal opportunity and provider and employer.”

****Menu is subject to change****

\$2.80 a day per meal

\$2.80 x 21 meals = \$58.80 for the month

.35 cents for extra milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Ravioli, cauliflower, applesauce, milk	2 Grilled ham and cheese, kale, peaches, milk	3 Meatballs w/egg noodles, salad, mandarin oranges, milk	4
5	6 Chicken Fajitas, Tortilla chips, carrots, pears, milk	7 Sloppy joes/bun, Cucumber slices, pineapple, milk	8 Turkey sandwich, deviled eggs, peaches, oven fried cabbage, milk	9 No School – Full day inservice	10 No School – Veterans’ Day Observance	11
12	13 Baked Potatoes, goulash, spinach, watermelon, milk	14 Grilled Cheese, chicken soup, peas, mandarin oranges	15 Chicken Salad on greens, corn, pears, milk	16 Fish sticks, broccoli, macaroni salad, pineapple, milk	17 Turkey chili, biscuit, peas, peaches, milk	18
19	20 Chicken stir fry, Potatoes au gratin, spinach, applesauce, milk	21 Pizza, salad, mandarin oranges, milk	22 No School	23 No School	24 No School	25
26	27 Vegetable Soup, fish sticks, green beans, pears, milk	28 Hot dogs, baked beans, watermelon, milk	29 Chef Salad, dinner roll, pineapple, milk	30 Breakfast for lunch, apple, sweet potato fries, milk		